



SPRING IN MALLORCA

MAY 14 - 21, 2018



Mallorca is the largest and most developed of Spain's offshore Mediterranean Balearic Islands. It is a paradise for hiking and biking with rugged mountains, cliffs dropping to the sea, and coves and beaches. With peaks up to 4,500 feet, the Sierra de Tramuntana is a wild, unspoiled limestone mountain range, forming one of the most spectacular coastlines of the Mediterranean. We'll journey out for day trips to the jaw-dropping descent of the Torent de Pareis gorge, the cliff-side splendor of the track between Sa Calobra and Soller, and the country roads through wineries and almond trees.

May 14- Depart on an evening flight from home city.

May 15- Arrive Madrid in the morning and transfer to a short domestic flight to Palma Mallorca. The drive to the charming village of Deia where we will lodge is dramatic with the towering Tramuntana Mountains on one side and the clear blue Mediterranean on the other. After settling into our *finca* (estate) and taking a deep cleansing breath, we'll take a nice warm-up walk through orange and olive groves to the beautiful beach town of Soller. Cocktails back on the veranda by the pool with dinner following at a delicious local hotspot.

May 16- Wake up and smell the cava! Breakfast after yoga in the great room and then off for the day. Our hike begins in Soller and heads up a charming stone-laid footpath through olive tree terraces and rushing streams. We reach a spectacular overlook at Es Cornadors on the way to the pine-wooded peak, L'Ofre. When we return, we'll have our official opening ceremony, "In Celebration of Life and the Importance of Friends and Manifesting Intentions," before sampling fine Binissalem wines and a delicious dinner.



